



Roadmap to The Soulutionary Blueprint

Step 1: Go to the Home page of the portal

- Watch the welcome - Introduction video. Prema will welcome you and get you oriented to the program portal and walk you through the logistics you need to get started.
- Click on the Mastermind Q&A schedule button and mark your calendar. You will receive email notifications the day before sessions with a link to a form to submit questions.
- There is a link at the top of the page that takes you to our private FB group so you can easily share your wins and questions. If you have not already joined the group, do that now.

Step 2: Go to Archetypes

- Watch the short intro video.
- Find your Archetypes.
- Watch the training, download the Archetype audios and tapping in questions, and use them regularly.
- You can review your Sacred Wealth Code training and download your activation meditation there as well.
- Download the planet colors and Archetypes and identify your Archetypes colors.
- Download the Bringing the Shadow Into the Light training and worksheet and use it regularly.

Step 3: Go to Astrology

- Watch the short intro video.
- Watch the most recent astrology update and the overview for the year.
- Get your calendar out and take notes, so you are prepared to make the best use of the energy.

Step 4: Go to Meditations

- Watch the short intro video
- Go to Alignment Meditations and download the Soul Wisdom Meditation. Browse through the other meditations and download the ones you're guided to, so that you have them at your fingertips.

Step 5: Go to Create Your Vision

- Do this training module so you have a crystal clear vision created for where you want to go this year! This will make everything easier. Clarity is power!

Step 6: Go to Trainings

- Watch the short intro video
- This is where the main trainings are located; Inner Growth and Business Growth modules.
- Start with the first Inner Growth training, then the first Business Growth training. It is fine to move around and do different trainings depending on where you are, but work through at least the first five modules in the foundation trainings first as they build on one another.

- There is at least one worksheet with each training that is meant to be done during the process I lead you through during the training, not before the training. Download and print worksheets before you start.
- There is often a clearing process and/or a meditation with each training.
- At the top of every page you will find a link to go directly to the Facebook group to share your insights and questions.

Step 7: Go to Clearing Processes

- Watch the short intro video.
- This is where you will go when you are stuck or have a block, or belief to clear.
- Download the Bubble Space Meditation and Advanced Bubble Technique, Releasing Cords, and Bringing the Shadow Into the Light.
 - These will be your go-to Clearing Processes that you'll want to get familiar with and have on hand.
- Look through the rest so that you know what's available to you when a particular block or challenge comes up that you need to resolve.
- There are more clearing processes within your training modules.

Step 8: Go to the other Categories

- When you are ready go to the other categories and watch the short intro videos.