



## Your 2020 Vision

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Look back over your notes and write out your clear soul guided vision for this year. Include WHAT your heart wants for you in each of the categories you were guided through, and the FEELING connected to it. Write it so it's something you want to read each day.

Spend time daily meditating on your vision, bringing up the feelings and playing it out in your mind/heart. You're worth it!!

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