



Authentic and Shadow Feminine & Masculine Qualities

Tune into your heart and tell yourself the truth...

Authentic Feminine In Leadership

Heart-Centered
Trusting
Courageous
Compassionate
Vulnerable
Nurturing
Creative
Intuitive
Communicative
Kind
Loyal

Authentic Masculine In Leadership

Noble
Chivalrous
Protecting
Centered
Powerful
Loving
Kind
Strength of Character

Shadow Feminine In Leadership

Dependent
Passive Aggressive
Sulking
Suppressed Rage
Moody
Martyr/Victim
Complaining
Resentful
Blaming
Critical
Needy
People Pleasing
Denial
Manipulation
Temperamental

Shadow Masculine In Leadership

Independence
Fear
Control
Judgemental
Bossy
Dominant
Intimidating
Obsessive
Reacting
Controlling
Reactive
Driven
Rigid
Arrogant
Possessive
Isolated