



Divine Feminine Energy Recalibration Resource List

Things you can easily do to reconnect with your feminine energy.

Bare feet on Earth
Nature
Music
Singing
Chanting
Dance
Yoga
Meditation
Clearing Processes
Take a bath
Essential Oils
Bach Flower Remedies
Tune in with your oracle card deck and journal
Journaling
Adorn yourself
Dress yourself in fabric that makes you feel good
Beautify your space
Bring in fresh flowers
Gardening
Get together with other women
Call a good friend
Do something creative
Appreciate Art
Get a massage or body work
Laugh

Add your own to this list!