



Unleash the Power of Vulnerability

Tune into your heart... and receive the answers to these questions.

On a scale of 1-10 how Powerfully Vulnerable are you?

Which of your High-Value Gifts are directly connected to your vulnerability?

On a scale of 1-10 how willing are you to BE SEEN for your gifts?

Which of your High-Value Gifts are hiding behind your fear of vulnerability?

What is the core wound story that this fear was born from?

What are the limiting beliefs or triggers driving your fear?

What are the new, more empowering beliefs you have now?

What is one inspired action you can take to support yourself in integrating your empowered beliefs?
