



Empath's Traits, Superpowers, and Archetypes

10 Traits of an Empath:

1. Highly Sensitive
2. Absorb other people's energy/emotions
3. Introverted
4. Highly Intuitive
5. Need alone time
6. Can be overwhelmed in relationships
7. Can be targets for energy vampires
8. Are replenished in nature
9. Highly tuned senses
10. Have big hearts and can be over givers

The 7 Kinds of Empaths:

1. Physical Empathy
2. Emotional Empathy
3. Intellectual Empathy
4. Psychic Empathy
5. Animal Empathy
6. Environmental Empathy
7. Place Empathy

Archetypes of an Empath:

Moon: Great Nurturer, Queen, Collaborator
Venus: Muse, Connector, Artist,
Mystic