



## Connect with Your High-Value Gifts Every Day

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- 1** Get out and try new things - especially things that support you in using your high-value gifts. Take a class. Join a like-hearted cause or community. Volunteer, or start a project. Whatever puts your gifts into play and makes you feel good, do it.
- 2** Express appreciation for your gifts. Choose one gift per day to work with. Write it down, then ask yourself, "Why (or how) does this gift make my life more wonderful?" Then, write down everything that comes to mind, and read your answers to yourself throughout the day.
- 3** At the end of each day, before bed, reflect on your day. How did you put your high-value gifts to work? Where did you have opportunities to use your gifts, but didn't? Create an action plan to use your gifts even more prolifically in the coming days.
- 4** Journal about one (or more) of your gifts every day, and all the ways you can use your superpowers in your business, projects, or life. Get creative, and let your imagination run free. Then, take inspired action on one idea per day.
- 5** Watch for scenes where your gifts play out - not only in your own life, but in movies, on TV, in books, in business, and anywhere else you observe people regularly. Become aware of how others use their high-value gifts, and how you can use your own.