



## Tolerations Clearing Process: Resolving Tolerations

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### Step 3: Resolving Your Tolerations

Be sure to work with Step 1 and 2 for a week before doing Step 3.

Do the following process individually for each list.

Read one of your lists.

Get quiet, take a few deep breaths, and drop in your heart.

Invite your Wealth Council in to join you in your sacred heart space.

Let this question drop into your HEART and open to the answer:

*What is one Inspired Action I can take today that would allow me to resolve most, if not all, of this list of tolerations?*

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If there are things on this list that your Inspired Action will not resolve then let this question drop into your HEART and open to the answer:

*What is one Inspired Action I can take that would allow me to resolve the rest of this list of tolerations?*

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We are looking to get you 80% free of your tolerations in this process. If there is 20% left, you will likely take care of them in the process of taking the inspired actions that came up for you.

\*\*If you like, you can continue to ask the above question until all of your tolerations are taken care of, but DO NOT OBSESS with getting them all handled. The Divine will handle it!